Drop off completed survey by October 18, 2015 in the box marked "Wellness Survey" located in the Narthex. You can print a copy from the church's website (clcpalatine.org), fill it in and return it.

Wellness Interest Indicator

Christ Lutheran Church has begun an ongoing partnership with Advocate Good Shepherd Hospital to provide wellness programs and services within the congregation and the community. We would like to focus on aspects of wellness that are most significant to the members of our congregation.

To help us determine priorities, please mark the following, on a scale of 1 to 3 with 3 being 'extremely interested', to indicate your interest in each. Interest can mean a range, from learning about of each topic or becoming involved in specific wellness programs.

	Not Very Interested		Extremely Interested
Parenting Topics	**1**	**2**	**3**
Autism			
Parenting Education/Skills			
Grand Parenting			
Teen Stressors			
Spiritual Issues	**1**	**2**	**3**
Advance Care Planning			
Enhancing Your Marriage			
Hospice			
Palliative Care			
Organ Donation			
Healing Meditations			
Grief Support			
Addictions	**1**	**2**	**3**
Drug Abuse			
Alcoholism			
Smoking Cessation			

Mental Health & Wellness	**1**	**2**	**3**
Eating Disorders			
Bullying			
Suicide Prevention			
Depression			
Stress Management			
Job Loss			
Anger Management			
Domestic Violence			

	Not Very Interested		Extremely Interested
Healthy Living Education	**1**	**2**	**3**
Cholesterol			
Cancer			
Heart Disease			
Arthritis			
Diabetes			
High Blood Pressure			
Exercise			
Nutrition			
Alzheimer's/Dementia			
Parkinson's			
Vision/Hearing			
Healthy Aging			
Weight Control			

Additional Topics	**1**	**2**	**3**
CPR Training/ AED			
Flu Shots			
Shingle Shots			
Pneumonia Shots			
Care Giver Support			

Other	**1**	**2**	**3**

How would you like to receive information?

_____

What is the best time for the education classes?

❒ Weekday Morning ❒ Weekday Evenings ❒ Weekends

Would you attend education classes outside the church? ❒ Yes ❒ No

Gender: ❒ Male ❒ Female Age: _____

Would you need child care? ❒ Yes ❒ No

Advocate Good Shepherd Hospital

Inspiring medicine. Changing lives.